RANDOM ACTS OF KINDNESS

teacher edition

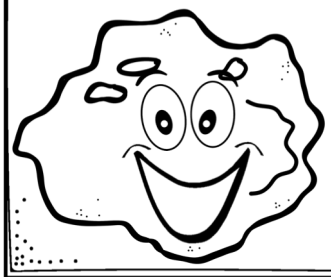
Here are 10 ways you can spread kindness in your classroom and school!

1. Write a coworker a note, letting them know one specific thing you appreciate about them. Include their favorite treat with the note.
2. Let someone else take the great parking spot right next to the entrance.
3. Bring a basket of goodies to your front office staff (snacks, hand sanitizer, lotion, tissues, mints/gum, etc.).
4. Mail positive notes (or send e-mails) to 5 students. Write specific things you appreciate/value about each student. Include a pack of stickers or a coupon for an ice cream from a local spot in your town.
5. Be on the lookout for a student who seems lonely/left out. Give up your lunch period one day and sit with them in the lunch room. Ask questions to find out about their family, pets, interests, etc.
6. Bring your principal their favorite snack/drink/treat. Don't know what it is? Ask the secretary - they know everything!
7. Write a kind note to the school janitor/janitorial staff, thanking them for their hard work.
8. Tidy/Clean up/Decorate the teacher's lounge.
9. Plan a special game for your class to enjoy, just for fun.
10. Befriend a new teacher at your school - invite her to join you for lunch, brainstorm lesson plan ideas with her, give her some fun teacher supplies and/or books for her classroom library.

JOY JOURNEY

Dear _____

YOU ROCK!



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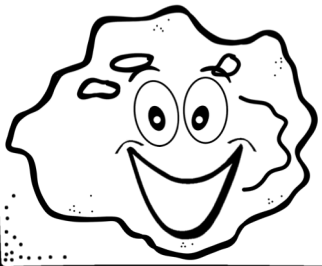

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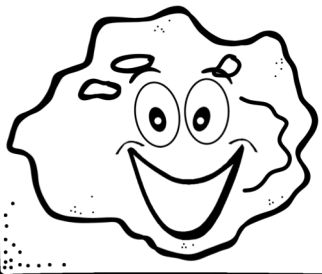

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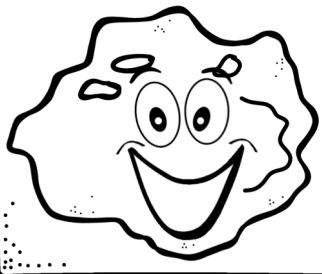

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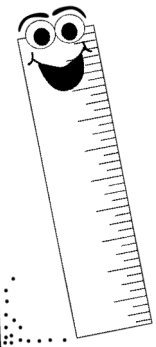

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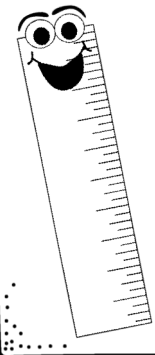

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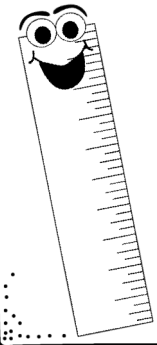

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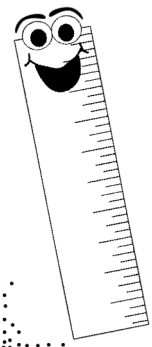

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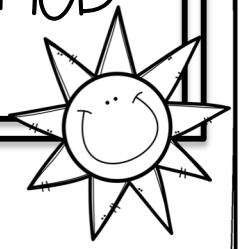
You Brightened My Day



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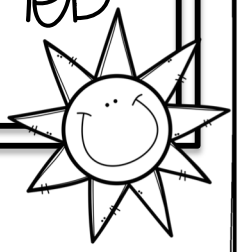

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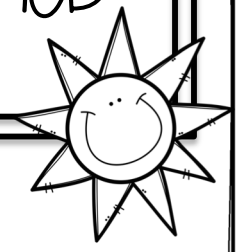

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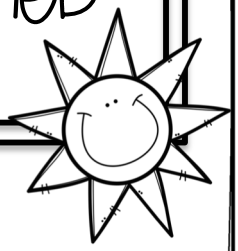
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